

COMMUNIQUE



MARCH 2007

Write for Healthy Living News

The Community Relations & Communications Commission is recruiting contributors to The Academy Corner in Healthy Living News. Articles for the monthly publication are approximately 300 words and can be sent to Dr. Ron Shapiro at rshapiro@edok.com. Maintaining the presence of The Academy Corner in Healthy Living News favorably keeps The Academy of Medicine in the public eye, as well as its members.

Donate Old Textbooks and Aid Providers in Ethiopia

The Academy is undertaking a project to collect medical textbooks for use overseas. There are seven medical schools in Ethiopia that are training midlevel providers to move into rural areas to become healthcare leaders. By simply cleaning out our basements we can help this happen.

There is no doubt that there are clear needs for charitable works locally. The problem here, however, is not education. This project will not compete with caring for our own community.

We are looking for textbooks in readable condition. We hope for recent editions but will sort through any books you are able to give. We are enlisting the help of local Boy Scouts working on their service projects who will help collect and sort the books. Collection boxes will hopefully be set up in the physician lounges of each of the area hospitals. As you do your Spring cleaning this year, please consider bringing in those texts which you are no longer using. This simple act will help educate a new generation of providers and aid local scouts in advancing their rank.

If you have any questions, please contact Dr. David J. Ledrick, who will be coordinating the program, at 419/251.4204 or e-mail at ledrick@buckeye-express.com.

Colon Cancer Awareness Month

Please notify all of your patients born in 1957 of the significance of their fiftieth birthday. By attaining age fifty, they are eligible to begin colon cancer screening.

March is colon cancer awareness month. The American Cancer Society recommends the following screening methods that have been shown to reduce the death rate from colon cancer.

1. Fecal occult blood testing yearly.
2. Sigmoidoscopy every five years.
3. Combination of yearly fecal occult blood testing with sigmoidoscopy every five years.
4. Barium enema every five years.
5. Colonoscopy every ten years.

Colonoscopy has been shown to reduce the incidence of developing colon cancer.

The following patients are not included in the above screening categories and should be in a surveillance category.

1. Family or personal history of colon cancer.
2. Personal history of colon polyps.
3. Personal history of inflammatory bowel disease.
4. Family history of familial adenomatous polyposis.
5. Family history of hereditary non-polyposis colon cancer.
6. Personal history of unexplained anemia.
7. Personal history of change in bowel habit.
8. Personal history of bleeding from the rectum.
9. Personal history of unexplained weight loss.

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2007 Academy Golf Tournament Flyer Inside

The Pitfalls of an Over-Funded Qualified Retirement Account

We have all heard the mantra for years – shelter as much income as possible from current income tax by putting the maximum away in a qualified retirement account. But can that strategy ever come back to haunt you? The short answer is yes, it can.



Our financial planners are seeing more and more cases of clients hoping to retire in the near future and coming to us for a comprehensive wealth plan to see if that makes sense financially. In the review of specific situations, we have found where the required minimum distributions from qualified plans at age 70 1/2, assuming modest investment growth, will actually put the clients in a higher tax bracket at retirement than they are currently in, while still working.

Of course, each situation is different. But, the basic question is, would you prefer to pay taxes on \$20 now, or \$100 ten years from now? That is the basic analogy between paying taxes on your income now, or paying it on the appreciated value of the money when you withdraw it from your retirement plan.

Having your investments diversified from a tax perspective can be a valuable financial planning tool; in other words, it may not make sense to load all your investments into a retirement plan. It is appropriate to take a longer view of your personal financial picture well beyond the current year, and may save you money later on. If you have questions on your investments, your retirement plan structure, or your tax situation, please contact your planning professional or your tax advisor.

Please contact your Private Banking team at Fifth Third Bank for information on our wealth planning services.

Jane Marie Rahe	(419) 259-7869
Erika Rizzo	(419) 885-6554
Beth Meridieth	(419) 885-6552
Kerrigan Quicker	(419) 885-6568

Fifth Third does not provide tax advice. Please contact your tax advisor for advice pertinent to your personal situation.

Join Academy Mailing List today!

The Academy is currently updating its website (www.toledomedicine.org). If you would like to receive website updates and a FREE online subscription to **Toledo Medicine** and the **Communiqué**, please type “**subscribe**” in the subject header of an email to joey.begeman@gmail.com.

Community Health Commission Notes

Tobacco Prevention – The Ohio Department of Health posted the proposed rules for Ohio’s indoor smoking ban on January 25. There is a 65 day period for public comments, a public hearing, and a final hearing before the Joint Legislative Committee on Agency Rule Review before the rules begin to be enforced.

Emergency Preparedness – A number of physicians in Toledo have raised concerns that antidote and medication stockpiles for emergency preparedness do not take into account dosing for small children and the elderly, as well as access in the event of a disaster, creating limited mobility. The Commission asked the Lucas County Emergency Preparedness Agency and the Medical Reserve Corps to comment on the concerns. On the other hand, the Toledo~Lucas County Health Department was cited by the Ohio Department of Health as a best practice example in preparing for a possible pandemic influenza epidemic.

Immunizations – A study published in the New England Journal of Medicine noted the increased efficacy of the intranasal influenza vaccine (live, attenuated) compared to injectable (inactivated) vaccine in children 6 to 59 months of age. The vaccine also offers some protection against other strains of flu for a short time because of induced mucosal interferon. The CDC request for reports of intussusception in infants prompted some confusion in the news media and concern from some parents. The CDC cited no increased risk from Rotateq (oral rotavirus vaccine), but wanted to continue focused surveillance to be sure.

Obesity Prevention – The Commission will focus on community education and preventive health programs in Northwest Ohio in the next few months. Included will be public efforts, school physical education and nutrition, and practical tools for physicians to advise families and individual patients.

2007 OSMA and OMSS Annual Meetings

The 2007 OSMA (Ohio State Medical Association) Annual Meeting will be held at the Hilton Columbus at Easton Town Center, 3900 Chagrin Drive, Columbus, on May 18-20, 2007. The OSMA Annual Meeting provides members an opportunity to learn more about priority issues of the OSMA and actively participate in policy discussions of the organization.

The event will include the presidential inauguration and reception for OSMA president-elect Craig W. Anderson, MD. Joseph P. Annis, MD, AMA Board of Trustees, is scheduled to address the OSMA House of Delegates on Saturday morning. Patrick W. McCormick, MD, is a candidate for OSMA President-Elect.

The 2007 OMSS (Organized Medical Staff Section) Annual Business and Education Meeting will be held on Friday, May 18, also at the Hilton. The OMSS meeting provides a forum for physicians to voice concerns, share ideas, build knowledge and take necessary action to create positive change. This year, expert faculty will lead discussions on two critical issues to organized medical staff physicians - hospitalists' services and ambulatory surgery centers. The program is approved for 3 AMA PRA Category 1 Credits and 3 AAFP Prescribed Credits. Registration and lunch begin at 11:00 am, followed by the OMSS Business Meeting at noon. The program runs from 12:30 pm until 3:30 pm. There is no cost to attend. Make your reservation by calling the OSMA at 800/766.6762 or online at www.osma.org. If you would like a flyer and registration form, call Lee Wealton at 419/473.3206 or email him at lwealton@aol.com. Gregor K. Emmert, Jr., MD, is Chair of the OMSS Steering Committee and Louito C. Edje, MD, and Donna A. Woodson, MD, are members of the Steering Committee.

For more information on the OSMA and OMSS Annual Meetings, email OSMA at info.osma.org or go to the OSMA web site at www.osma.org.

Daylight Savings Could Cause Computer Problems

Most people are taking the fact that daylight-savings time starts three weeks earlier this year in stride. But your computer may not be. Thanks to a massive federal energy bill passed in 2005, daylight-saving time (DST) began at 2 a.m. Sunday, March 11, and will end a week later than usual, on Sunday, November 4. This change was made with the goal of decreasing demand on national energy. However, technology experts are saying that these new start and end dates can affect IT systems especially on functions that are time sensitive, like scheduling. Users typically expect that their IT system will automatically adjust to these types of changes, but in this situation it may not.

If you have concerns about your billing or scheduling system, you may want to check with the vendor. Also, for additional information on what you can do go to the OSMA web page at www.osma.org.

SAVE THESE DATES!

*Academy of Medicine &
Flower Hospital Joint Meeting*
Monday, May 14, 2007
Franciscan Center
Guest Speaker:
Ronald M. Davis, MD
President-Elect, AMA



*Academy of Medicine/Toledo
Bar Association/St. Luke's Hos-
pital CME/CLE Seminar*
Thursday, May 31, 2007
5:30 pm
St. Luke's Hospital Auditorium



Academy Annual Golf Tournament
Thursday, June 7, 2007
8:30 am Shotgun
Stone Oak Country Club



Academy Night at the Mud Hens
Tuesday, August 7, 2007
The Roost at Fifth Third Field
Dinner at 5:30 pm,
first pitch at 7:00 pm



*Academy of Medicine &
The University of Toledo
Medical Center
Joint Meeting*
Fall, 2007
Date and Location TBA

HOT TOPICS STATE NEWS AMA NEWS PRACTICE MANAGEMENT ISSUES POLICY NEWS COMMUNITY HEALTH ISSUES
UPCOMING EVENTS MEMBERSHIP SERVICES & BENEFITS TIPS & TRICKS BREAKING NEWS ACADEMY MEETINGS NEW
MEMBERS THE MONTHLY NEWSLETTER OF THE ACADEMY OF MEDICINE OF TOLEDO AND LUCAS COUNTY TORT REFORM

ACADEMY OF MEDICINE

Endorsed Services

DiaMed, Inc.

DiaMed, Inc. helps physicians and hospitals get the best price on medical equipment and supplies, while helping to enhance patient care. DiaMed has nationwide purchasing power and offers Starline, its own high quality private label line at lower costs. Call Doug Sharpe at 800/587.6531 for preferred pricing.

Enviro-Medical Waste Services, Inc.

A full service medical waste management company that provides the legal transportation and disposal of infectious waste, as well as providing support and assistance in implementation of cost-effective medical waste management programs. Call 866/669.9201 for pricing and a brochure or visit www.enviromedicalwaste.com.

Fifth Third Private Banking

If you are too busy to manage your finances, get help from a Fifth Third Private Banker. Call Beth Meridieth at 419/885.6552, Kerrigan Quicker at 419/885.6568, Jane Marie Rahe at 419/259.7869 or Erika Rizzo at 419/885.6554. Member FDIC. Equal Housing Lender.

If you have or know of a product or service that you believe would help save Academy members time and money, please contact Lee Wealton at lwealton@aol.com.

www.toledomedicine.org

CLASSIFIED ADS

Family Practice Physician - Neighborhood Health Association is seeking a physician to provide quality care in an urban setting. Must be board certified/eligible. Experience in working with medically indigent preferred. Qualified candidates send resume and salary requirements to: **NHA, 313 Jefferson Ave., Toledo, Ohio 43604, Attn: Human Resources.**

Certified Nurse Practitioner - Neighborhood Health Association is seeking a CNP with pediatrics or family practice specialties. Must have Ohio License and Authority to Prescribe required. Qualified candidates send resume and salary requirements to: **NHA, 313 Jefferson Ave., Toledo, Ohio 43604, Attn: Human Resources.**

Space for Lease - Medical Office space for lease in downtown Maumee. Call 419/ 866.4722.

Space for Lease - 4126 Holland-Sylvania Rd. Toledo, Ohio at impressive new 61,000 sq.ft. medical office building. 14,000 sq.ft. available: build to suit with option to buy. Call Dr. Stacy Bowen at 419.473.9210.



4428 SECOR RD. TOLEDO, OH 43623
419.473.3200 FAX 419.475.6744

Space for Sale or Lease - Sunforest Medical Condo Units for lease or for sale. Sale price \$104.00 per sq. foot. Lease price \$12.00 per sq. foot. Contact Karyn at 419/474.3399

Billing Service - Today's Billing Solution is an established and experienced locally owned and operated billing service offering full practice management. Check us out at www.todaysbillingsolution.com or call 419/866.1489.

IN MEMORIAM

JAMES C. FRIES, MD
5/27/1917 - 1/16/2007
General Practice

EDWARD H. KOSTER, MD
10/5/1922 - 1/28/2007
General Practice &
Occupational Medicine

ROBERT H. GARRETT, MD
10/13/1923 - 2/7/2007
General Practice

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